

نام درس: زبان تخصصی مشاوره

رشته تحصیلی / کُد درس: مشاوره (تجميع) : ۱۲۱۲۰۴۴

تعداد سوالات: تستی: ۳۰ تشریحی: —

زمان آزمون (دقیقه): تستی: ۵۵ تشریحی: --

گُد سری سؤال: یک (۱)

استفاده از: —

مجاز است.

تنہا با یاد اوست کہ دلہا آرام می گیرد.

Directions: Choose the best answer (a, b, c or d) and mark it your answer sheet.

1. Counseling is a process by which the client is helped through.....with a counselor.
 - a. dimension
 - b. interaction
 - c. suggestion
 - d. occasion
2. Psychotherapy is defined as the helping process in which the relationship is necessary and sufficient. “Sufficient” means
 - a. different
 - b. obvious
 - c. behavior
 - d. enough
3. According to Blocher, counseling results in the clarification of goals and for future behavior.
 - a. values
 - b. situations
 - c. individuals
 - d. parts
4. Some people can rarely themselves to problems.
 - a. adjustment
 - b. adjustable
 - c. adjust
 - d. adjusting
5. In our definition, refers to any block that the student is experiencing in his development.
 - a. decision
 - b. shock
 - c. feedback
 - d. conflict
6. Developmental counseling would have a(n) rather than a remedial nature.
 - a. preventive
 - b. effective
 - c. descriptive
 - d. cognitive
7. A counselor handles both the remedial and the developmental aspects of school counseling. “Handle” means
 - a. control
 - b. ignore
 - c. receive
 - d. neglect
8. Skinner ranks as the greatest
 - a. behavior
 - b. behaviorist
 - c. behavioral
 - d. behaviorism

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9. Which one of the following consists of four frames representing different areas of self-knowledge?

- a. school counseling
- b. theories of learning
- c. the Johari window model
- d. Lazarus model

10. According to Plato, individuals were evaluated by the criteria of how and where they could best serve society. "Individuals" means

- a. students
- b. parents
- c. teachers
- d. people

11. Plato concluded that ability rather than should determine whether women would be philosopher-rulers, soldiers, or workers.

- a. personality
- b. gender
- c. adolescence
- d. childhood

12. In a civilized society, we should learn to ourselves.

- a. education
- b. educational
- c. educate
- d. educationist

13. In Gestalt therapy, the goal always is to increase growth and autonomy through an increase in awareness or

- a. knowledge
- b. insight
- c. skill
- d. culture

14. Some of the parents can have a greater on their child's education than the teachers.

- a. context
- b. impact
- c. examination
- d. homework

15. Some of the parental are recommended to motivate the children and achievement.

- a. organizations
- b. conclusions
- c. foundations
- d. interventions

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16. The unfortunate child was for poor grades he had received.

- a. praised
- b. admired
- c. punished
- d. rewarded

17. In classifying nonverbal behaviors, use of furniture, interior decorating, smells, colors, music, noise, temperature are classified as

- a. environmental factors
- b. artifacts
- c. paralanguage
- d. touching behavior

18. The therapist should evaluate the child's social functioning in school. "Evaluate" means

- a. maintain
- b. memorize
- c. estimate
- d. emphasize

19. One important issue in the child-teacher relationship is how the child responds to authority. "Issue" means

- a. behavior
- b. society
- c. family
- d. matter

20. Which one of the following definitions refers to "Anthropology"?

- a. Study of humankind
- b. Study of plants and animals
- c. Study of society
- d. Study of words and meanings

21. Career counselors should be prepared to assist clients to develop a life plan. "Assist" means

- a. follow
- b. help
- c. stop
- d. choose

22. Because of economic problems, my friend cannot continue the job he has. He is thinking of another.....

- a. evaluation
- b. assessment
- c. judgment
- d. occupation

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23. No exact agenda can ever be established for any counseling interview. "Agenda" means
- a. counselee b. religion c. list d. family
24. Why review client records? One reason is so that of efforts can be avoided.
- a. duplication b. demonstration
c. preparation d. administration
25. Some have used the term *Counseling* rather than *group counseling*.
- a. frequent b. emotional
c. multiple d. remedial
26. Psychoanalytic counselors emphasize the importance of having concept of in personality.
- a. depth b. idea c. emotion d. force
27. Frankl constructed his around ways to help persons discover the meaning in their own lives.
- a. environment b. approach
c. experience d. awareness
28. Rogers states that the central construct of client-centered counseling is the
- a. society b. family c. friend d. self
29. Which one of the followings is considered as "positive reinforcers"?
- a. praise, affection, grades
b. criticism, nagging, social disapproval
c. aversive and painful stimuli
d. punishment, failure
30. A major element in rational-emotive therapy is the assumption that and emotion are not two disparate processes.
- a. conditioning b. thinking c. training d. feeling