



سری سوال: یک ۱

زمان آزمون (دقیقه): تستی: ۶۰ تشریحی: ۰

تعداد سوالات: تستی: ۳۰ تشریحی: ۰

عنوان درس: زبان تخصصی مشاوره

رشته تحصیلی/کد درس: راهنمایی و مشاوره ۱۳۱۲۰۴۴

1-dictionary's definitions of counseling stress.....

1. advice and the verbal exchange of ideas
2. behavior change by counselor
3. verbal and non-verbal definitions of counseling
4. personal adjustment with problems

2-According to Patterson, counseling is.....

1. giving of information
2. giving of advice
3. influencing voluntary behavior change on the part of client
4. influencing attitudes, beliefs or behavior by persuading

3-counseling psychologists refer to persons receiving counseling as.....

1. patients
2. students
3. counselors
4. clients

4- those who regard school counseling as developmental process see the counselor as focusing more on the population of.....

1. normal students
2. students who are in trouble
3. normal teachers
4. teachers who are in trouble

5- in addition to decision-making the counselor is involved in teaching students the process of

1. counseling skills
2. problem-solving
3. group counseling
4. individual counseling

6- formal guidance programs in schools are a product of the.....

1. early man existence
2. twentieth century
3. twenty-first century
4. mind training

7-one of the first "guidance" publications, the Republic, was written by

1. Williamson
2. Gelatt
3. Plato
4. Carey



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8- some children and adolescents achieve below their ability levels because.....

1. academic achievement is so important for their parents
2. academic achievement is not a high priority for their parents
3. their parents encourage them to be active
4. their parents want them to be successful

9- it has been observed that avoidant parents are often.....

1. employed
2. unemployed
3. literate
4. illiterate

10- planning for one role while not considering the others often.....

1. works as a good advice
2. doesn't work as a good advice
3. resolves rather than creates problems
4. creates rather than resolves problems

11- career development is the process of choosing, entering, adjusting to and advancing in a /an

1. situation
2. occupation
3. education
4. problem

12- career counseling is an interpersonal process designed toindividual with career development problems.

1. assist
2. interact
3. determined
4. assimilate

13- focus in group counseling is on the.....-

1. attitudes and emotions
2. school problems
3. humanity and children
4. teacher and student

14- Gazda emphasizes that group counseling is..... and.....

1. counselee centered- cognition oriented
2. problem centered- feeling oriented
3. cognition oriented- problem centered
4. feeling oriented- counselee centered

15- the unconscious level consists of those memories and ideas which the individual.....

1. is aware at the moment
2. is not aware at the moment
3. has forgotten
4. has not forgotten



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16- Freud conceived the.....as making the bulk of the personality and of having a powerful influence on behavior.

1. unconscious 2. preconscious 3. conscious 4. superego

17- who stressed the uniqueness of human motives and striving toward individuation?

1. Freud 2. Adler 3. Jung 4. Rogers

18- client-centered counseling originated in.....

1. Switzerland 2. Italy 3. Canada 4. America

19- which approach stresses the ability of clients to determine the issues important to them and to solve their problems?

1. client-centered 2. psychoanalytic 3. behavioral 4. rational-emotive

20- Rogers states that central construct of client-centered counseling is the.....as a perceived object in a phenomenal field

1. counselor 2. motive 3. behavior 4. self

21- behavior is modifiable by manipulation and the creation of.....

1. memory status 2. learning condition
3. brain activity 4. counselor's idea

22- basic to behavioral counseling is the principle of.....

1. reinforcement 2. need 3. activity 4. attitude

23- Ellis believes that emotional problems lie in thinking.

1. logical 2. illogical 3. symbolic 4. creative

24- Ellis believe that the two.....and that , for all practical purposes , thinking and emotion are the same thing.

1. overlap 2. different things
3. the processes of changing 4. important



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25- emotions according to Ellis, can be controlled in Ways.

1. two 2. three 3. four 4. five

26- Perls believed that people prevent themselves from experiencing their.....

1. ability 2. self-regulation 3. conflicts 4. full potential

27- Gestalt therapyproblem solving through increased self-regulation and self- support by the client.

1. prevents 2. facilitates 3. increases 4. decreases

28- it ts still unknown whether have common or unique meanings.

1. levels 2. gesture 3. elements 4. respect

29- helping professionals engage in activities designed to others to understand.

1. mean 2. enable 3. intends 4. defined

30- yet, despite technological progress, the individual's and perennial problems remain.

1. essential 2. different 3. directly 4. indirect