



سری سوال: یک

زمان آزمون (دقیقه): تستی: ۶۰ تشریحی: ۰

تعداد سوالات: تستی: ۳۰ تشریحی: ۰

عنوان درس: زبان تخصصی مشاوره

رشته تحصیلی/کد درس: راهنمایی و مشاوره ۱۲۱۲۰۴۴

1-Maslow's model of theperson was characterized by independence and self-sufficiency to accomplish these states with their own initiative and resources.

1. self-esteem 2. self-confident 3. self-actualized 4. self-defeating

2-any block that the student is experiencing in his development is called.....

1. conflict 2. remedial 3. psychotherapy 4. problemsolver

3-School counseling offers thefor active listening to what students are trying to communicate.

1. developmental 2. transition 3. diminished 4. opportunity

4-who originated the concept of the developing organism whose behavior was dynamic?

1. Maslow 2. Freud 3. Jung 4. Gazda

5-Counselors usually do not think of a quickfor the clients' problem.

1. remedy 2. remedial 3. remedies 4. remediable

6-The question of whether counseling is an art or a science was first posed by thein 1954.

1. Carkhuff 2. Pepinskys 3. Lazarus 4. Maslow

7-Perhaps the major contribution of the.....was to motivate the educators with the total development of the child.

1. pragmatic 2. progressive 3. movement 4. preparation

8-Many of the Dark Ages practices of treating mental illness continued through the middle Ages and persisted well into thecentury.

1. twentieth 2. sixteenth 3. seventeenth 4. eighteenth

9-The child's future social and econmic functioning are linked with social andperformance in the school context.

1. relational 2. academic 3. behavioral 4. emotional

10-A second source of our new awareness that we need more complex approaches to career counseling is the lif-role

1. conjunction 2. perspective 3. resolves 4. assistance

11-Because of the recent accident , Reza is unable to continue the job he has . He is thinking of another.....

1. planning 2. evaluation 3. career 4. assessment

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12-Try toparents to become more actively involved in monitoring their child's performance in school.

1. encourage 2. encouragement 3. encouraging 4. encouragingly

13-If clients have taken tests and provided information about why they are coming to counseling , they will expect counselors tothat information.

1. review 2. administer 3. assessment 4. interact

14- group counseling is usually concerned with problems and situational concerns of members.

1. developmental 2. behavioral 3. social 4. cultural

15-One of the principal functions of the ego is that of controlling the id and keepingand feelings such as anxiety , out of consciousness.

1. impulse 2. personality 3. significant 4. complex

16-.....is accomplished through the mechanism of defense of which the main type is repression.

1. Freud view 2. ego control
3. unconscious level 4. psychoanalytic

17-Those learning theories need to be explored.....

1. individualism 2. individual 3. individually 4. individuality

18-behavioral counselors define behavior as the function of the interaction of.....

1. heredity and environment 2. heredity and superego
3. environment and superego 4. heredity and society

19-.....has stated that he views humans as both rational and irrational .

1. Ellis 2. Maslow 3. Krumboltz 4. Skinner

20-A number of approaches emphasizebehavior.

1. verbal 2. verbalize 3. verbally 4. verbalize

21-The majorideas held and perpetuated by men and women.

1. ability 2. illogical 3. self-discipline 4. emotional

22-The irrational idea No. 10 is that you can achieve happiness byand inaction or passively and uncommittedly enjoying yourself.

1. rejection 2. inertia 3. irrational 4. strongly



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- 23-.....therapists attempt to help individuals more fully experience themselves and their environments.
1. Simpkins 2. Yontef 3. Gestalt 4. Smith Glass
- 24-Those who escape from their present usually feel more anxious .
1. comforts 2. consequences 3. combinations 4. problems
- 25-unfortunately for the counselor, there is as yet no codification of the meanings of behavior
1. nonverbal 2. verbal 3. standard 4. maladaptive
- 26-as school counselors, we are trying to..... our knowledge in different fields.
1. developer 2. development 3. develop 4. developmental
- 27-.....or psychotherapy is defined as the the helping process in which the relationship is necessary and sufficient .
1. interview 2. protection 3. counseling 4. attitude
- 28-counseling is concerned with influencing voluntary behavior change on the part of the client is defined by
1. Blocher 2. Patterson 3. Maslow 4. Schofield
- 29-Theneed level in Maslow's system is for achievement of self-esteem.
1. second 2. first 3. third 4. fourth
- 30-Which of the following levels is not related to the maslow's needs?
1. safety 2. belonging 3. self-esteem 4. satisfaction